

Please email this form to [watling.secretary@nhs.net](mailto:watling.secretary@nhs.net)

All fields are mandatory.

Full Name:

Date of Birth:

Phone Number:

Email Address:

Today’s date:

First date you were not at work due to this illness:

Total number of days you were ill or state ongoing:

Date you would like the sick note to be extended to:

Describe the condition you need the sick note for.   
In particular, please state if anything has changed in your condition since your last sick note: